



# SPA LUMINA

ENHANCED LASER & SKIN CARE



Spa Lumina – Enhanced Laser & Skin Care Clinic opened its doors early 2005, with the mission to illuminate the natural beauty within each person by offering a wide array of laser and skin treatments.

Spa Lumina has an extensive offering of the latest treatments in the aesthetic field, including: laser vein and hair removal, skin rejuvenation, microdermabrasion, non-surgical skin tightening, glycolic/chemical peels, Botox and collagen fillers, cosmetic acupuncture, cellulite removal and body contouring as well as other innovative treatments.

Spa Lumina uses the Cutera Xeo laser, winner of the American Dermatology Associations Laser of the Year award. This laser is exclusive to Spa Lumina in Barrie.

Spa Lumina has just introduced “Skincare Bootcamp”. To get your skin whipped into shape, they’ll provide you with a personalized skincare program, advice, tips and recommendations to help you reach your skin’s highest potential with a customized in-office and at home program. Consultations will be arranged to go over your skincare concerns and goals. A custom program for your skin will be designed and they will start you on the road to a beautiful, luminous complexion.

You will commence the program with in-office visits on a regular basis to begin the clearing/purging process and then continue at home with your personalized program. Call to learn about the Skincare Bootcamp special pricing and schedule a treatment, knowing that Spa Lumina staff are always there to support and answer any questions.

In the past two years, Barrie has seen several aesthetic laser providers open up for business. When asked to comment on this trend, Dr. Sohail Gandhi, Medical Director at Spa Lumina, noted that it’s in response to the changing demographics of the city. “Competition is healthy and of ultimate benefit to clients. All of these businesses offer services that appeal to different individuals,” he said.

When asked if he considers Spa Lumina to be a premier medi-spa in Barrie, Dr. Gandhi remarks, “Our mission is to provide a value-added service to our clients. As our clients request products and treatments, we will do our research to ensure we bring the most effective and safest treatments and products to our clients. Our priority will always be taking care of each and every client, helping them illuminate the natural beauty within them. As for being the best, we will leave that for the clients to decide.”

Dr. Gandhi has been practicing comprehensive family medicine in the town of Stayner, for 14 years and has always had a keen interest in teaching. Dr. Gandhi is a recognized clinical trainer for Cutera Inc. (one of the laser industry leaders) and is often asked to speak at various international events in the field of cosmetic medicine, most recently being at the Dubai Derma Conference in Dubai in April 2007.

During his many years of rural practice, Dr. Gandhi has treated a wide variety of dermatological conditions. His interest in this field led him to explore cosmetic laser treatments. He has worked alongside many great pioneers in the field of cosmetic medicine and has achieved recognition as a leading provider of such services in Simcoe County.

Today’s clients are very proactive about their appearance and their health. They are more concerned about treating the early



Before



After

## IPL & Laser Genesis Treatments



Before



After

## Botox

signs of aging than their parents. Clients today are looking for effective, less invasive procedures with little, if any, downtime. Another new package to be offered at Spa Lumina is the **3D Skin Rejuvenation**.

Every person ages at a different rate and in different ways. Some develop redness, age or sun spots. Others have large pores, fine lines, wrinkles or lax skin. Some clients may have one, two or all of the above conditions.

**3D Skin Rejuvenation** takes a three-tiered approach to rejuvenating your skin for all of these conditions. This treatment involves three individual laser therapies that are combined to create and offer remarkable results.

First, **IPL (Intelligent Pulsed Light)**, which is a light-based procedure that addresses problems right at the skin’s surface - redness, mottled complexions, freckles and sun damage.

Secondly, **Laser Genesis**. This utilizes a laser to soften fine lines and wrinkles, shrink pores and decrease or eliminate redness found deeper in the epidermis.

**Laser Genesis** has been proven to stimulate the creation of new collagen, giving your face a more youthful appearance.

And thirdly, **Titan** is the newest category for skin fitness. The **Titan** uses infrared light to heat tissue in the deep dermis, causing the collagen to contract resulting in firmer looking skin.

Spa Lumina offers free consultations with Dr. Gandhi to determine if the treatments are suitable and compatible with a person’s health history and skin care goals. Dr. Gandhi’s experience allows him to consider any health concerns a client may have when determining a course of cosmetic treatment. All treatments are performed by certified health care professionals, either a physician and/or a nurse under the careful supervision of Dr. Gandhi.

Spa Lumina is offering a special promotion in time for Mother’s Day. For a limited time, purchase a Medical Grade Facial and get one free (value \$120). Treat that special lady in your life or treat yourself to a relaxing, glowing facial.