



SPA LUMINA

ENHANCED LASER & SKIN CARE

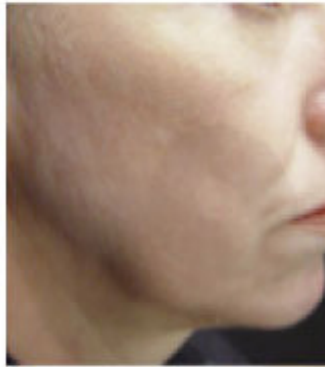
Non-Surgical Skin Tightening



Before



After



Before and after photos. After photos are taken 3 months after 2nd treatment

Anne has dipped her proverbial toe in the fountain of youth more than once. "I've had Botox, fillers, laser treatments – you name it," admits the 62 year old grandmother of six. But what she intends to put off for as long as possible is going under the knife. "Anything I can do to avoid surgery, I will try," she says, echoing the sentiments of many of today's most result-conscious ladies.

So when Dr. Gandhi presents Anne with the opportunity to try Titan, a brand-new FDA-cleared infrared-light device that promises to improve slack skin, she eagerly signed up. Since the procedure is practically pain free with little or no downtime – the only thing she stood to lose was a few hours of her time. What Carolyn gained, she says, is tighter, lifted, more radiant-looking skin on her face. "I am thrilled with the results," she says. "Injectables filled in my lines, but Titan changed the overall condition of my skin."

What is Titan?

In fall 2003, aesthetic laser and light company Cutera began developing Titan to offer an alternative surgery for clients who wanted to look younger but did not want invasive surgery. Cutera has garnered an impressive reputation in the laser industry with cutting edge technology and has received multiple awards including the American Dermatology Association's Laser of the Year Award for three consecutive years.

Who is the best candidate for it?

Doctors are finding that age is not the determining factor in Titan's success. They stress that it's more about the condition of the skin and tackling the problem when the first signs of sagging start to occur, which differs from client to client. Someone who has stayed out of the sun and taken care of their skin will generally see favorable results.

Where can it be used and how many sessions are required?

Titan is appropriate for any area of the face, neck or body where there are wrinkles or mild sagging caused by loose skin, such as the brow region, cheeks, jowls, neck, abdomen, thighs and backs of arms. "Titan is not meant to replace a full-blown, invasive facelift or tummy tuck," says Dr. Gandhi. "It's not going to work well on very loose skin. The best scenario is to use it on areas that still have some elasticity but are starting to slacken." The average recommendation is one to three treatments performed four weeks apart.

When are the results visible?

While many clients report immediate tightness, it generally takes three to six months for new collagen to form, so optimal results should occur after three to eight months, depending on how often the treatment is repeated. The extent of improvement varies and as with anything else in life, a solid skin care routine and healthy habits are vital for maintenance. "What is great about the Titan is that it doesn't preclude you from having surgery later on," notes Dr. Gandhi. "But once you cut the skin, that scar is there forever."

For a FREE consultation with Dr. Gandhi, please call Spa Lumina at 705-721-7775, or visit them at 74 Cedar Pointe Drive, Suite 1004, Barrie. www.spalumina.com