



SPA LUMINA

ENHANCED LASER & SKIN CARE

by Lori Suffern

Botox



Before



After

Vibradermabrasion



Before



After

VelaSmooth Cellulite Reduction



Significant cellulite reduction 1 month after 8 treatments.

The saying "a picture is worth a thousand words" comes to mind when looking through the before and after photo dossier at Spa Lumina. As we go through the pictures, Dr. Gandhi, Medical Director of Spa Lumina, comments on how there is a story behind each one. In accordance with the Privacy Act, names have been altered for this article.

Spa Lumina offers a wide array of cosmetic medical treatments including laser hair removal, laser vein removal, Botox, Restylane & fillers, Vibradermabrasion, cellulite removal, and non-surgical skin tightening. Lasers are often advertised as the non-surgical, more cost-effective alternative for treating aged and pigmented skin. Dr. Gandhi agrees that advanced technology has made it possible today to treat many skin conditions that were once considered untreatable, prohibitively costly and/or painful to treat.

The staff at Spa Lumina believes strongly in providing possible clients with all the information and resources they need to make an informed decision. Nicky, who handles most of the calls at Spa Lumina, believes that people want clear and concise information. "It can be very confusing for people; having these treatments is a big decision and they want to make sure that they are making the right choice. Ideally we hope that with all this information they have the confidence to choose Spa Lumina." Dr. Gandhi agrees, adding that Spa Lumina staff will communicate a realistic and appropriate expectation to their clients. All clients receive a free consultation with Dr. Gandhi to help them decide if a certain treatment is suitable for them. Dr. Gandhi considers an individual's health history and any other conditions that may preclude them from having treatments done at Spa Lumina.

Loribeth, RPN at Spa Lumina, smiles as she recalls the excitement in clients' voices when doing follow-ups with them post treatment. "I had one client who said that she kept staring at her legs after having the laser vein treatment-she couldn't believe the veins were gone. It was so rewarding for us knowing how nervous she was about coming in and having them treated."

Linda has had IPL (Intense Pulsed Light) treatment and Vibradermabrasion at Spa Lumina. She points out her before and

IPL & Vibradermabrasion

after pictures. "Look how all the brown spots are gone and the redness too. I just can't believe it. I'm so thrilled! I thought I would have to live the rest of my life staring at those ugly spots or covering them with make-up."

Sarah has had Botox and Restylane treatments at Spa Lumina and is ecstatic about her "refreshed look." "People keep commenting on how I look. I have confidence in recommending Spa Lumina because I know that my friends and family will be well taken care of."

Lindsay who was treated for severe acne under Spa Lumina's Compassionate Program, feels like she has a new lease on life. "I wouldn't go out anywhere, and I couldn't hold down a job because I was so self conscious about my face. I can't believe the difference Levulan and IPL treatments have made. I sometimes have to do a double take when looking in the mirror!" Under the Compassionate Program, Lindsay was asked to make a donation to Spa Lumina's favourite charity, "Make A Wish Foundation."

On occasion, Spa Lumina has declined to offer treatments to individuals who Dr. Gandhi felt were not appropriate candidates for the treatments. When asked to elaborate, Dr. Gandhi mentions a client who came in ready to buy the VelaSmooth treatment (Cellulite Reduction). "She had researched VelaSmooth, seen it on Cityline, talked to others who had done it and was ready to get started. When we went through her health history, I found out that she had been anemic her whole adult life which makes her prone to bruising. The VelaSmooth technology uses rollers and suction to deep massage the skin layers to reduce the cellulite. I explained to her that with anemia, she would be at risk of marked bruising and that we couldn't



offer this treatment to her. She was very disappointed when she left but she did call back a few days later, thanking us for making her well being the top priority." Dr. Gandhi notes that there are other situations where a course of laser treatment is not the optimal choice to address underlying concerns a client may have. In some situations, other modalities of therapy are far more appropriate for treating a client and they are referred to the relevant professionals.

Spa Lumina's commitment to providing exemplary service has been recognized by laser companies Cutera Inc. and Syneron who have both designated Spa Lumina as a clinical and training site for their companies. Spa Lumina staff is honored and excited about training fellow colleagues in the cosmetic laser business.

Spa Lumina is also proud to be the Corporate Sponsor for the premiere "Body Show" to be held at the Barrie Event Centre in January 2006. "We are thrilled to be in partnership with seasoned

pioneer MBM Shows and look forward to an exciting show full of live demonstrations, interactive seminars and a wealth of information to help the eternal quest to live a balanced life!" Dr. Gandhi says.

What's on the horizon for Spa Lumina? "Our priority will always be taking care of one client at a time and illuminating the natural beauty within them." smiles Dr. Gandhi.

For more information about the premiere Body Show in January go to www.mbmshows.com

For a full listing of all services offered at Spa Lumina, check out their website at www.spalumina.com You can also visit them at 74 Cedar Pointe Dr. Suite 1004.

Nicky will look forward to receiving your calls at 721-7775.

Keep your eyes out for a big holiday promotion where a portion of all sales will go to the Make a Wish Foundation, just in time to grant precious Christmas wishes to terminally ill children. ■

“Right now, we are taking one client at a time and illuminating the natural beauty within them”