



# SPA LUMINA

ENHANCED LASER & SKIN CARE

Today's clients are very proactive about their appearance and their health. They are more concerned about treating the early signs of aging than their parents. Clients today are looking for effective, less invasive procedures with little, if any, downtime.

Spa Lumina specializes in cosmetic laser treatments and uses the Cutera Xeo laser, winner of the American Dermatology Associations "Laser of the Year" award. This laser is exclusive to Spa Lumina in Barrie. It has a wide variety of applications including hair removal, treatment of acne and acne-related scars, wrinkles, removal of unsightly veins, reduction of stretch marks, removal of age/sun spots as well as pigmented blemishes.

Hair removal is a very popular treatment, particularly at this time of year when we all have more of our body uncovered. Forget painful waxing, electrolysis or shaving, the laser can remove hair from all parts of the body including the face, arms, legs, underarms and back, as well as sensitive areas like the chest, nipples and bikini line.

Many people are embarrassed by the appearance of spider veins on their face or legs. Laser technology has become an important factor in the treatment of vascular deformities and benefits of this treatment include larger areas being treated in less time with less discomfort than other treatments. Laser vein removal does not break the skin so there is no need for any type of bandages and there is no downtime so clients can resume normal activities immediately.

Spa Lumina also offers microdermabrasion using the Vibraderm. This simple and quick procedure has become very popular with people showing the early sign of aging, sun exposure and other facial imperfections. Microdermabrasion can successfully be used on any skin type and is ideal for rejuvenating dull or oily skin, contracting enlarged pores, exfoliating and unclogging blocked pores in acne cases. Vibraderm is also very effective in polishing and reducing fine lines and wrinkles, as well as reducing acne scars and pigment irregularities.

Spa Lumina offers free consultations as well as evening appointments so you can decide if any of the above remarkable treatments are suitable for you.

All treatments are supervised by Dr. Sohail Gandhi, MD CCFP, FCFP. Dr. Gandhi's experience allows him to consider any health concerns a client may have when determining a course of cosmetic treatment. "At Spa Lumina, we illuminate the natural beauty within each person," says Dr. Gandhi. "We are proud to offer a wide range of cosmetic treatments, to ensure everyone's needs are met." Call to learn of current special promotions.



Hair reduction after 6 laser treatments



Vein reduction after just one laser treatment



The smoothing effect of Microdermabrasion