



SPA LUMINA

ENHANCED LASER & SKIN CARE

by Lori Suffern

before



after



Significant cellulite reduction 1 month after 8 treatments.

For many women, the presence of cellulite is an embarrassing yet unavoidable fact of life. Some may even feel so uneasy that they refuse to wear shorts on even the hottest summer day. However, there is comfort with numbers, as 80% of women will develop some degree of cellulite past puberty. Until now there has been no scientifically proven method of cellulite reduction, but a new treatment, called VelaSmooth, is now available in Barrie, exclusively at Spa Lumina.

VelaSmooth, combines radio frequency and gentle light with mechanical rollers and suction to manipulate the superficial fat tissue layer that contributes to cellulite. Heating the tissue increases the metabolism of fat, and shrinks the size of the fat cell. Reducing the fat cell then improves the smoothness of the client's

“AT SPA LUMINA, WE ILLUMINATE THE NATURAL BEAUTY WITHIN EACH PERSON”

skin. The treatment is described as a warm, massaging sensation. After the treatment, the skin remains warm for a few hours, but the treatment itself requires no down time and any skin type can be treated. Many Spa Lumina clients will notice a difference after only five treatments. In fact, VelaSmooth is the first and only medical device proven to safely and effectively reduce the appearance of cellulite and re-contour the skin's surface and body shape. Physicians who conducted clinical trials in Canada and the U.S. have effectively reduced the appearance of cellulite, and they have noted reduction in the measurements of clients in treated hip, waist, and thigh areas.

Today's clients are very proactive about their appearance and their health. They are more concerned about treating the early signs of aging than their parents. Clients today are looking for effective, less invasive procedures with little, if any, downtime.

Spa Lumina specializes in cosmetic laser technology and uses the Cutera Xeo laser, winner of the American Dermatology Associations "Laser of the Year" award. This laser is exclusive to Spa Lumina in Barrie. It has a wide variety of applications including hair removal, treatment of acne and acne-related scars, wrinkles, removal of unsightly veins, and removal of pigmented blemishes.

Spa Lumina exclusively carries the new Titan procedure, also known as the "non-surgical face lift". This technology can be used to tighten skin in all areas of the body, resulting in younger, firmer skin. Depending on where the treatment is

applied, it can be used to raise eyebrows, reduce jowl size and reduce stretch marks and excess skin.

Spa Lumina also offers a wide variety of other cosmetic treatments. One of the most popular is Botox, an injectable substance that improves the appearance of forehead worry lines, frown lines, laugh lines and crow's feet. Botox, injected by the smallest needle available, works by blocking the impulse from the nerve to the tiny facial muscles that are related to expression lines.

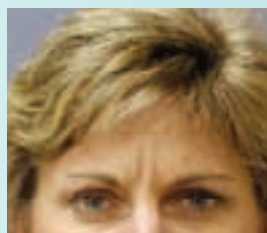
Spa Lumina believes strongly in community service, and recognizes the setbacks individuals have in finding effective skin treatments. Through their Compassionate Program they are pleased and proud to help individuals suffering from severe conditions who would normally be unable to access appropriate treatments.

Spa Lumina offers free consultations so you can decide if VelaSmooth or any of their other treatments are suitable for you. All treatments are supervised by Dr. Sohail Gandhi, MD, CCFP, FCFP. Dr. Gandhi's experience allows him to consider any health concerns a client may have when determining a course of cosmetic treatment. "At Spa Lumina, we illuminate the natural beauty within each person," says Dr. Gandhi. "We are proud to offer a wide range of cosmetic treatments, to ensure that everyone's needs are met."

Spa Lumina is located at 74 Cedar Pointe Drive in Barrie. For a free consultation with Dr. Gandhi, call 721-7775, or visit their website at www.spalumina.com. ■

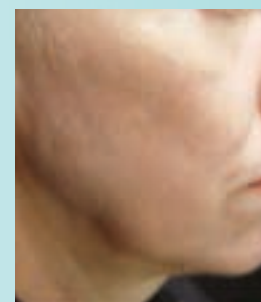
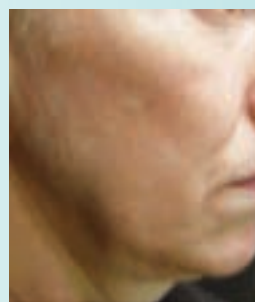


Botox is a remarkable treatment for dynamic wrinkles resulting from repeated use of facial muscles.



before

after



The stunning results of the Titan device.